

الاسم : نشوى نبيل عبد العزيز عبد الرحمن

Name: **Nashwa Nabil Abd ElAziz Abd ElRahman**

التخصص العام: الطب والجراحة

General speciality: **Medicine and Surgery**

التخصص الدقيق : طب المجتمع والبيئة وطب الصناعات

Special speciality: **Community, Occupational and Environmental medicine**

Dr .Nashwa Nabil Abd El Aziz

**Date of birth** : November 1988

**Nationality** : Egyptian

**Marital status:** Married (Orthopaedic doctor), Have 2 kids

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### **QUALIFICATIONS**

**M.B.B.S.** 2011.

**M.Sc.** Community, Occupational and environmental medicine, 2017.

**M.D.** Community, Occupational and environmental medicine, 2021.

**Applied Statistics Diploma,** 2024.

**Infection control Diploma,** 2025.

### **CURRENT POSITION:**

- Lecturer of Community, Occupational and Environmental medicine in Community , Environmental and Occupational medicine department, Faculty of Medicine, Benha University, Egypt.

### **RELEVANT EXPERIENCE:**

- **Rotating House Officer:** March 2012 -February 2013, Benha University Hospital, Egypt.
- **General Practitioner:** March 2013- May 2013, MOHP.
- **Demonstrator of Occupational and Environmental medicine:** July 2013- april 2017, Faculty of Medicine, Benha University.
- **Assistant Lecturer of Occupational and Environmental medicine:** May 2017-March 2021, Faculty of Medicine, Benha University.
- **Lecturer of Community, Occupational and Environmental medicine:** April 2021, Faculty of Medicine, Benha University.

### **TEACHING EXPERIENCE**

Teaching Public health, occupational and Environmental medicine in the following scientific localities:

- Benha Faculty of medicine (Egypt).
- Benha Faculty of science (Egypt).
- Benha Faculty of physical therapy (Egypt).
- Benha National University, Faculty of medicine (Egypt).

### **SPECIAL EXPERIENCE**

- Certified trainer (TOT Training 2025)
- Certified trainer (CORT training 2022)
- Certified trainer (SCAMPER training 2022)
- Certified Biostatistician (2025) (CPD,UK)

### **CONFERENCES AND WORKSHOPS**

- Workshop of quality assurance in Benha Faculty of medicine.
- Workshop of student assessment in Benha Faculty of medicine.
- Sports medicine Scientific day in National Training Insititute, Cairo,Egypt . As an instructor; September ,2021.
- Statistical analysis journey in National Research Center, Cairo,Egypt (June,2022).
- Medical statistics training course in Benha Faculty of medicine. As a Trainer;2022-2025.

- The 3<sup>rd</sup> International and 17<sup>th</sup> National Conference of Human Performance in Health and Disability.(June,2022).
- Statistical Data Analysis journey .(June,2022).
- ASSESSMENT PRACTICES IN THE INTEGRATED MODULAR SYSTEM Workshop" (September,2022).
- STDF Writing a Research Paper work shop (November,2022).
- STDF Grant Writing work shop (November,2022).
- STDF Research Methodology in Collaboration with the EKB (November,2022).
- Medical statistics training course in Benha Faculty of medicine. As a Trainer;2023.
- 10<sup>th</sup> Annual Medical Conference, Strategic Planning In Medicine, 2020-2023 " Gate To The Future" March 2023, As A speaker.
- Essential Statistics and Sample Size Calculation workshop at Medical Education Center, Benha Faculty of medicine . December, 2023 (as a trainer).
- Methods of Teaching workshop, Benha National University(Febraury,2024).
- 11th Annual Medical Conference, 2024 "Disability Challenges And Apportunities" March 2024, As A speaker.
- Academic Advising workshop, Benha National University(April,2024).
- Medical statistics training course in Benha Faculty of medicine. As a Trainer;2024.

**QUALITY ASSURANCE AND ACCREDITATION ACTIVITIES:**

- Attendance of training sessions for faculty program specification and program reporting.
- Attendance of training sessions for course specification.
- Member of quality assurance and accreditation team in Benha Faculty of medicine.
- Member of statistics committee at quality assurance unit in Benha Faculty of medicine.
- Family medicine and sports medicine quality coordinator at quality assurance unit in Benha Faculty of medicine.

### **SOCIETIES MEMBERSHIP**

- Member of Egyptian Society of Occupational Medicine.

### **PHD/MSc SUPERVISION:**

- Occupational noise-induced hearing loss assessment among disc jockeys using pure tone audiometry. MSc Occupational and Environmental medicine.
- Measurement of the noise levels in the neonatal intensive care unit and evaluation of knowledge of physician about it
- Planter Fasciitis among health care workers

### **PUBLISHED PAPERS:**

- Occupational Hazards Risk Assessment of Nurses Working in Operating Rooms.
- Patterns of Work-related Musculoskeletal Disorders among Health Care Workers.
- Dermatology life quality index and work limitation among psoriasis patients
- Hematological Consequences of polyethylene toxicity in male rats:Oxidative stress,genetic and epigenetic links.
- Melatonin counteracts polyethylene microplastics induced adrenocortical damage in male albino rats.
- Awareness of non-alcoholic fatty liver disease among Jordanian parents of overweight and obese children
- Awareness of environmental carcinogens and cancer risk among Jordanians
- Anemia in pregnancy: a systematic review and meta-analysis of prevalence, determinants, and health impacts in Egypt
- Investigating the association between emotional intelligence, physical activity and work engagement among egyptian female workers
- Respiratory health assessment of outdoor workers exposed to urban air pollution based on satellite observations
- Impostor Phenomenon among Egyptian University Students and its Relationship with Academic Performance and Burnout